

**AGM & General Meeting
We Survived: Now What?**

**Sept 30, 2009
Mississauga Convention Centre
75 Derry Rd West**

Hall of Fame Award

7:30 am **AICC Region Eleven AGM**
We invite all AICC Canada members to attend the Annual General Meeting.

8:00 am Networking Breakfast

9:00 am **Welcome** by Mike Dienst
AICC Canada President

9:10 am **Hall of Fame Award** *Presented By Mr. J.T. Woolley*

We are proud to announce the induction of

Mr. Don Lumb

into the AICC Canada Region Eleven Hall of Fame

After a 35 year career with Domtar, Don Lumb retired and assumed the leadership of AICC Region Eleven for the next 17 years.

9:40 am **Dr. Peter Jenson** presents **Mental Fitness: The Inside Edge**
to 11:30 Mental Fitness for high performance, Dr. Peter Jenson, arms attendees with the mental preparation tools used by Olympic athletes to put forward exceptional performances under tremendous pressure.



Dr. Peter Jensen, Ph.D. in Sport Psychology, is an authority on leadership and bringing the concepts of coaching and personal high performance to corporations worldwide. He has attended six Olympic Games as a member of the Canadian Olympic team, most recently working with the gold-medal winning Women's Hockey Team. He's a top-rated instructor in seven programs at Queen's School of Business, including the Queen's Executive Leadership Program.

Jensen is the author of the best-selling books *The Inside Edge*, a powerful roadmap for using the mental preparation techniques of elite athletes to improve personal performance. And *Igniting the Third Factor*, offers managers solutions from exceptional Olympic coaches on motivating, engaging and developing their employees.

Sponsorships

Speaker Sponsor	\$1000
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Book early

**This Is A 'No Charge' Event for AICC Canada Members
Please RSVP by Sept 25th to info@aicc11.com
Tel: (905) 727-9405 or Fax: (905) 727-1061**

Company Name: _____ **# Attending:** _____

Names:

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